

# MANN MASSAGES

WASHINGTON CHAPTER  
AMERICAN ASSOCIATION OF MASSEURS & MASSUSES

Arthur Dunbar--Editor  
February--1954

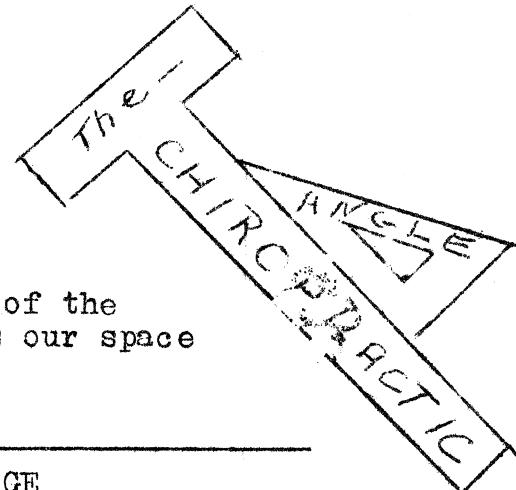
Milton A. Niedfelt--Assistant  
CA 8655 805 E. Denny----Seattle Washington

About these two

F-E-A-T-U-R-E A-R-T-I-C-L-E-S

Two feature articles appearing in this issue. One by Dr. C.A. Mittum D.C.Ph.C. for the Committee of Health Freedom and the other item by Dr. Al. Bowels M.D. of the Washington Medical Association.

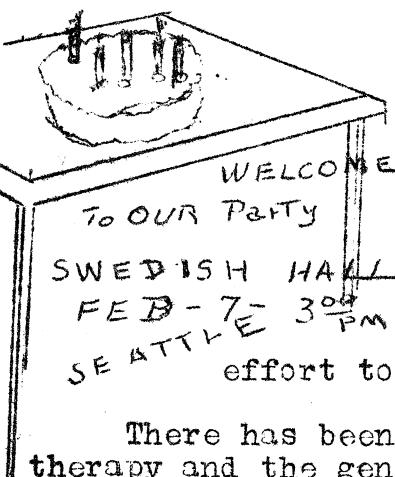
Your Editorial Staff will print both sides in this highly controversial issue, so that our membership may be well informed. We will favor neither side. The statements contained herein will be those of the writers and NOT of the A.A.M.M. as much as our space will allow. Arthur Dunbar Editor  
Milton A Niedfelt Asst.



## OUR MONTHLY MESSAGE

BY

MR. ARTHUR MANN  
Washington State President



This being our fifth Anniversary of the A.A.M.M. it is appropriate that we reminisce on our five years of progress. We have gone thru the usual growing pains of a new organization. Many hours of labor, planning and sacrifice has been spent, by our loyal and faithful members, in an effort to make this a profession which we may all be proud.

There has been great strides made in the field of drugless therapy and the general public recognition of the Massage Profession.

Many of the states now have a state license and the Washington State legislative committee has spent many hours of labor in an effort to obtain our State license. We have gained many new friends and supporters while working as lobbyist in legislation, which gave us an opportunity to express our views on the purpose and the benefits of Massage.

Our organization still being in its infancy there is still much work to be done before we can reap the benefits which we desire. As  
See Pg

Sheet 10-1954

the organization grows in numbers and strength we will derive more prestige and benefits from our past work.

The legislative committee would appreciate the help of all members, friends and PATIENTS, who are interested in the passage of the Massage Bill, contacting their state representatives and Senators before the next session of the State Legislature in order to acquaint them with our bill. Hope to see you all at our fifth Anniversary celebration

Arthyr D. Mann

---

Mr. Arthur Mann, has informed your assist. Editor that he expects to call a State Executive Board Meeting in April. Matters to be handled at our State Convention should be taken up at this Board meeting. Get your PLANS IN EARLY.

#### "THE DEADLY POLIO VACCINE"

Quoting from world renown Dr. T.M. Schippell " Parents--play safe! Let other callous parents permit this poisoning of their children. Just take your youngsters off candy, soft drinks and colas and infantile paralysis will pass your family by. Remember, polio is not "Catching"--it comes from the insides of "over indulged" kiddies. The newly discovered "polio verus" is the RESULT of polio-not the cause!"

---

#### We'er Too Busy!

It is suggested that all of our members that are "Too busy" and give us that "ANSWER" write and tell us how they get all that business.

---

Don't become panicky on account of a depression, No good Massage technician can say he hasn't sacrificed before.

---

Mr. Bloom, our State Secretary, sent us a very nice "A.A.M.M. Sticker" this month because we paid our dues". Thanks Mr. Bloom.

By the way--- Are you keeping up your Volunteer \$3.00 to the Legislative Program? Ask Mr. Bloom?

---

#### NEW MEMBERS THIS MONTH

Let us all welcome Victor A Marcus & Millicent D Markus Rt 3 Bx 444 Mt. Vernon Washington--These new members are graduate of Myrtle I Mann's school in Olympia Washington.

---

#### PREPAID MEDICINE.

What about Eisenhour's "Prepaid Medicine" .....  
Do you suppose it could be another "GIVE AWAY" program?

Gabril Heater:

At 6:00 P.M. over K.V.I Seattle, and a national hook-up Gabril Heater has been boasting MESSAGE (and the Massage Machines) Tuesday P.M.

---

Pertinent question; A Doctor is a man of Great Learning; but what is a physician?

---

#### YOUR A.A.M.M. NEWS

Pass your A.A.M.M. News to another Massage technician; with an explanation that you will get an application---Maybe they too would like to know about the A.A.M.M.--- Try it it is lots of fun!

---

Information from our National Sec-treas

Mr. D.S. Carlson

It will help a great deal if the Washington Chapter will send Dr Brooks (Editor of the National Masseur) an article once in awhile that has not been in the A.A.M.M. News We do not want duplications

Additional information on meeting above;

Those attending the meeting were Mrs. Wilson of Renton, Mr. Arthur Mann of Seattle, Mr. John DuPuy of Everett, Mr. Jesson of Renton, Mrs. Hendricks of Port Townsend, Mr. John Murray of Port Townsend, Mrs. Reager of Orting, Mr. Cannady of DesMoines, Mr. Niedfelt of Seattle Mrs. Regina Williams of Seattle. Also some visitors Mrs. Niedfelt of Seattle, Mr. Williams --- Mr. Bablon, Fred Keenan, and Fred Stewart.

Our next meeting should Be March 7th--- We are promised a Speaker--- we think from the University of Washington--- But we are too busy with our PARTY to worry about it now. Niedfelt wants to know who whats the meeting at their house the next time?

---

Mr. John Murray wrote the following article on Ethics at the request of Editor Dunbar for which the Editor thanks Mr. Murray very much. Mr. Murray has furnished our members with good material, We now ask for Comment Please do your part and write the Editor your Comment.

#### Professional Ethics

##### Article No. 4

Ethics defined, means relating to morals; delivering precepts of more ability; To me this defination is rather short, and explains little, so I will try and explain my view point on the meaning of Professional Ethics.

First we will consider office personnel, every department, whether it be the supervisor of physical therapy, or any brand of the therapy, as massage therapist, hydro-therapist, light and electro therapist or colon therapist, should be headed by one who has had, either general medical experience, special training in all divisions of physical therapy, or technicians competent to employ physical measures according to instructions.

Even at this advanced stage of the proctice of Physical therapy, one still encounters violations of this self evident requisite In some offices the person in charge has neither special training nor interest in the subject. Still others expect to "Pick up" physical techniques, in a few minutes, after a salesmans demonstration, and handle potentially dangerous apparatus without ever having a course of practical instruction on the subject. To me this is a breach of ethics.

#### ETHICS IN RELATION TO THERAPIST, PATIENTS, & PHYSICIAN

In the case of referred patients, some physicians, when referring a patient, will give the patient a written prescription, to the therapist, with detailed instructions as to just what is to be done by the therapist, others will call and tell the therapist they are referring a patient, giving the diagnosis and verbal instructions. Others will refer a patient without even calling, telling the patient, that you are very capable and will know what to do. In any case whether it be detailed prescription or verbal instructions, or the treatment is left to your own judgment, your ethical code should be sufficient to carry out your orders without question, to the best of your ability, to establish cooperation between the physician, patient yourself, even if your experience tells you that another method would be more satisfactory. Some times when the referring physician has confidence in your ability, you can make tactful suggestions. But in most cases it is best just to carry out your instructions, after all in the case of referred patients, the Physician is the one who is employing you, either directly or indirectly, in these referred cases.

**ETHICS IN RELATION TO THE THERAPIST  
AND THE PATIENT.**

Whether the patient is referred by a physician or comes to you on their own, your office ethics should be as professional and impersonal as possible, one should gather what necessary information is needed as discretely as possible. Be an interested listener to what the patient has to tell you, whether it be discrete or not. Keep the patient covered as much as is necessary. Politely ignore any advances by the opposite sex. By doing so their ego is not hurt too much, and you still have a patients respect. This is my idea of Professional ethics, Lets have a word from some of the others on this subject.

(Signature ) John A Murray.

**Editor's note--- Next Month --Would like to feature a new item;  
Electric and Steam Baths, and their value, by P.R. Canaday.**

The following is copied from the National Police

Gazette, issue of February 1954, part deleted acct, Length.

**HOW YOU MAY GET CANCER  
FROM EATING CHICKEN**

By

Sanford Merkin

When you sit down to eat your chicken dinner you may be eating poultry that has been treated with a dangerous chemical which, leading scientists claim, can give you cancer!

This chemical is contained in synthetic estrogen (hormone) pellets implanted into the systems of chickens and other poultry to fatten and tenderize them artificially for the market.

United States Department of Agriculture spokesmen say more than ONE HUNDRED MILLION chickens were so treated in 1951--and the total is increasing rapidly each year!

So alarmed was the Canadian Government over widespread use of these dangerous estrogens that the Dominion prohibited the sale for human consumption of all poultry to which there had been administered any preparation having estrogenic activity. Then after further extensive laboratory tests, it banned completely the sale of any substance having estrogenic activity that was used in the fattening of poultry.

**WHY HASN'T THE UNITED STATES FOLLOWED CANADA'S EXAMPLE? WHY WAS NO ACTION TAKEN WHEN THESE FRIGHTNING FACTS WERE BROUGHT OUT BEFORE A U.S. CONGRESSIONAL COMMITTEE INVESTIGATING THE USE OF CHEMICAL ADDITIVES IN FOOD?**

At present there are eight firms manufacturing estrogens for fowl-fattning--- and these concerns find a large, ready market for their products because chicken raisers are busy keeping up with America's growing demand for chicken, the average consumption of which now comes to 29.6 pounds per person per year.

**HOW SERIOUS IS IT?**

Here is a sample from Professor Robert K. Enders, chairman of the Division of Natural Science at Swarthmore College; Extremely minute doses (of estrogens) can effectively sterilize and injure laboratory animals---In women there is evidence that estrogen(demonstration of causes) of mammary cancer. Not only does the clinical evidence point to such conclusion, but now, with the lapse of time, cases are being reported in which cancer of the breast has followed..."

Professor Enders further told Congressmen; "In private conversation most physicians are alarmed when they learn of the use of the drug in poultry or other food animals.

One of America's greatest Physiology and Pharmacology research scientists, Dr. Carl G. Hartman, testifying against the use of estrogens in fattening chickens sold to consumers related; "In the minds of medical men --and I have talked to hundreds---estrogen is a means of stimulating cancer.....

"It was found in some experiments of Dr. Geschichter, if you give estrogen to a rat which is genetically non-cancerous--that is to say, in a thousand (rats) you might find one case of cancer---in three months time you can produce cancer. In 75 percent of the cases, they get cancer AND IT IS THE SAME CANCER PRODUCING DRUG THAT MAY BE CONSUMED BY THE HUMAN WHEN INGESTING AND ESTROGEN-TREATED CHICKEN!

#### EFFECTS ON HUMAN SYSTEM

Exactly what effects does it have on the human system? Professor Enders told Congressional probers "I am convinced enough of the possible harmfulness to refuse to buy such poultry for family use."

Since the estrogen pellets has a harmful effect on human system, perhaps there is some economical basis for its use. Is there? No! Here is what the drug does;

It increases the weight of poultry by causing retention of water in the chicken's system and increasing the fat contents----deceiving the consumer. It makes for better appearance of the carcass in general, giving it better "Bloom" and more fat immediately beneath the skin, which is yellower.

Even if these injections were not endangering the public health, they should be outlawed on the basis of their economic fraudulence. Here's what Professor Enders told Congressional probers about that phase of the matter;

"On the economic side, I agree with those endocrinologists who say that the use of the drug---is an economic fraud. Chicken feed is not saved; it is merely turned into fat instead of protein. Fat is abundant in the American diet, so more is undesirable. Protein is what one wants from poultry. By their own admission, it is the improvement in appearance and increase in fat that makes it more profitable to the poultrymen to use the drug. This fat is so very doubtful value and is in no way the dietary equal of the protein that the consumer thinks he is paying for."

As far as the consuming public is concerned, Dr. Theodore Byerly, who is in charge of the Animal Husbandry Division of the U.S. Department of Agriculture, has stated, that the use of estrogen to fatten chickens is "Definitely not necessary."

It just increases the profit of the poultrymen! So far, strange, mysterious powers have caused Congress to close its eyes to the findings and warnings of recognized medical authorities. Instead, the situation seems to grow increasingly worse. How bad it may become was hinted in a revelation by Dr. Byerly when he told Washington investigators that many breeders are now experimenting with the use of estrogen products to fatten swine, cattle, sheep, and lambs.

HOW CAN THE AMERICAN PUBLIC POSSIBLY ESCAPE THE SCOURGE OF CANCER WHEN THE USE OF THESE DEVASTATING HORMONES THREATEN TO BECOME SO WIDESPREAD?

Professor Enders is strong in his recommendation that prompt legislation put a stop to the practice of injecting estrogen pellets into chickens.

It is up to YOU to break the mysterious powers that have kept government officials from heeding the advise of our country's top medical authorities. Write to your Congressman and DEMAND immediate action to keep your food free from chemical poisons. Urge your friends.

F-E-A-T-U-R-E A-R-T-I-C-L-E  
By  
C.A. Mittun D.C. Ph.C  
4753 Roosevelt Way, Seattle

Protection of the right to freedom of choice in health matters is the goal of an initiative campaign being launched by the Washington State Committee for Health Freedom. Known as Initiative No. 188, the measure will raise educational standards to practice Chiropractic in the State of Washington and establish a separate board to examine Chiropractors.

Initiative No 188 is being sponsored by the Washington State Committee for Health Freedom and an active campaign is already under way to obtain the necessary signatures to place it on the ballot for next November's election.

"By filing this Health Freedom Initiative," states Dr. A.A. Adams of Tacoma, Chairman of the Sponsoring Committee, "We are taking directly to the people the issue of whether the citizens of the State of Washington shall continue to have the opportunity to enjoy the traditional American right of freedom to select their individual doctor and method of health care."

"The Chiropractic profession, which is the second largest of the healing arts, serves more than a quarter million people in Washington State. A monopolist state law threatens to eliminate Chiropractors and will thus eventually deny its use to the thousands who depend upon it for their health needs.

Although Chiropractors were granted legal status in the State of Washington in 1919, a "So-called" basic science law was enacted in 1927 which compels every applicant to practice Chiropractic to submit first to a separate examination before a board composed of members indoctrinated in or teaching medical theory and practice only.

In practice under this law, a competitive, hostile profession holds power to sit in judgment and eliminate qualified Chiropractors. There is a wealth of evidence, including sworn testimony in Washington Superior Courts, to prove that these examinations have been so conducted that Chiropractors with passing grades were failed by this board. The right to examine thus becomes the power to destroy and unless a corrected will mean the extinction of Chiropractic. It will be but a matter of time until there are no Chiropractors left in our state to serve the people who depend upon them for their health needs.

Laymen patients and friends of Chiropractic who are aroused at this threat to their freedom of choice have formed the State Committee for Health Freedom and are actively sponsoring Initiative 188. The Committee is a State-wide non-partisan, non-profit organization, dedicated to resist and eliminate unjust practices in the healing arts. It supports the right of each healing profession to examine its own applicants for license and to practice its particular branch of healing under a system of free enterprise. Local chapters of the Committee have been formed in communities throughout the state to help enact Initiative No 188 in order to correct these unfair licensing practices and to preserve the right to obtain Chiropractic care.

Chiropractors do not object to being examined in the Basic Science Subjects, their leaders point out. But they do believe they should have the right to examine their own applicants--a privilege enjoyed by all other professional groups except the healing arts.

Sheet 16--1954

Initiative No. 188 will return to the Chiropractic profession the right to examine its own members, thus freeing them from the present monopolistic licensing control by different profession. It provides that Chiropractic applicants will still be examined in all basic science subjects, but jurisdiction for conduction the examination is transferred to the Board of Chiropractic Examiners.

Educational requirements for license to practice will be raised-- a progressive step leaders of the profession have been attempting to do for years but have been unable to do through the state legislature. Under initiative 188 applicants will be required to have a minimum of 4,000 hours in a recognized Chiropractic College, which is the equivalent of 7 years from recognized Chiropractic schools.

There is nothing in Initiative 188 which will interfere with the rights or welfare of any citizen or professional group. But it will correct an unjust monopolistic situation and will guarantee that those citizens who depend upon Chiropractic will continue to have the opportunity to obtain its services. It will also permit the Chiropractic profession to provide a higher quality of professional care to those whom it serves.

Leaders of the Committee for Health Freedom are elated at the public response in the few days that petitions have been in circulation. It demonstrates that our citizens are opposed to monopoly in any form and are determined that their personal liberties will not be jeopardized by an unjust law which deprives them of their freedom of choice. They are confident that the voters of the State of Washington are overwhelmingly of the same opinion and will enact Initiative 188 into law this November.

---

This letter in lieu of FEATURE LETTER by Dr. Al Bowles

WASHINGTON STATE MEDICAL ASSOCIATION

1309 Seventh Avenue

Suit 201--202

SPECIAL DELIVERY Seattle 1 Washington

Mr. Milton A Niedfelt  
805 E. Denny  
Seattle, Washington

Dear Mr. Niedfelt;

You have requested that the Washington State Medical Association contribute a story for your publication on this Association's attitude toward the recently filed initiative proposing new standards for the licensing of chiropractors.

This Association has not yet taken any stand with regards to this initiative, but if and when that occurs, we would be happy to offer a story.

Sincerely yours,

(Signature)

Ralph W. Neill  
Executive Secretary

---

Remember---- Remember!!

Our Washington State Convention in Vancouver Washington is tentatively set for June 5-6--1954 -- Also Our National Convention is set to be at Hotel Blackhawk, Davenport Iowa, August 5,6,7,8 above subject to revision. End..